



Holly O'Regan
Trainee Solicitor

029 2002 2814

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Holly joined Darwin Gray in October 2025 as a Trainee Solicitor. She obtained her law degree in 2021 from Swansea University, during which she spent a year abroad studying at Luiss Guido Carli University in Rome. She then went on to complete her Legal Practice Course at Swansea University in 2022.

Prior to joining the Darwin Gray team, she was employed as a Corporate Paralegal, assisting with various types of corporate transactions. Having gained this experience, she felt it was the right time to pursue her ambition of qualifying as a solicitor

Holly has completed her first seat in our Corporate & Commercial law department and is currently undertaking her second in our award-winning employment team.

Career

Experience

- Trainee Solicitor, Darwin Gray, October 2025 - present
- Paralegal (Corporate), Geldards LLP, May 2023 - September 2025

Education

- Legal Practice course, Swansea University, 2021 - 2022
- Law with year abroad LLB, Swansea University, 2017 - 2021



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Cyfreithiwr dan Hyfforddiant

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Ymunodd Holly â Darwin Gray ym mis Hydref 2025 fel Cyfreithiwr Hyfforddai. Cafodd ei gradd yn y gyfraith yn 2021 o Brifysgol Abertawe, ac yn ystod y cyfnod hwnnw treuliodd flwyddyn dramor yn astudio ym Mhrifysgol Luiss Guido Carli yn Rhufain. Yna aeth ymlaen i gwblhau ei Chwrs Ymarfer Cyfreithiol ym Mhrifysgol Abertawe yn 2022.

Cyn ymuno â thîm Darwin Gray, roedd hi'n gweithio fel Paragyfreithiwr Corfforaethol, gan gynorthwyo gyda gwahanol fathau o drafodion corfforaethol. Ar ôl ennill y profiad hwn, teimlai mai dyma'r amser iawn i ddilyn ei huchelgais o gymhwyso fel cyfreithiwr.

Ar hyn o bryd mae Holly yn ymgymryd â'i sedd gyntaf yn ein hadran Cyfraith Gorfforaethol a Masnachol.

Gyrfa

Profiad

- Cyfreithiwr dan Hyfforddiant, Darwin Gray – Hydref 2025-presennol
- Paragyfreithiwr (Corfforaethol), Geldards LLP – Mai 2023-Medi 2025

Addysg

- Cwrs Ymarfer Cyfreithiol, Prifysgol Abertawe – 2021-2022
- LLB Y Gyfraith gyda blwyddyn dramor, Prifysgol Abertawe – 2017-2021